**Section** Ⅲ　**Using** **Language**,**Assessing** **Your** **Progress** **&** **Video** **Time**

课后·训练提升

一、单词拼写

**1**.My aunt’s o　　　　　　 is to sell electronic devices.

答案occupation

**2**.You can always breathe in fresh air in r　　　　 areas.

答案rural

**3**.According to the weather f　　　　　,it’ll be fine this afternoon.

答案forecast

**4**.This is because our country will face some factors that are difficult to p　　　　.

答案predict

**5**.His a　　　　　 from class without permission made Mr Hilton very angry.

答案absence

**6**.It taught me the most valuable lesson over the years of my teaching c　　　　.

答案career

**7**.It covered cutting-edge topics like a　　　　　　 intelligence,5G and industrial digitalisation.

答案artificial

**8**.The majority o　　　　　 smoking,saying it does great damage to their health and the non-smokers’ health.

答案oppose

二、单句语法填空

**1**.Many people advocated 　　　　　　(ban) cars in the city centre at the meeting.

答案banning

**2**.He missed a lot of English lessons during his 　　　　　(absent).

答案absence

**3**.The teaching building will be ready for 　　　　　　　 (occupy) in July.

答案occupation

**4**.Do you oppose my 　　　　　　 (tell) the truth to the police?

答案telling

**5**.I’ll miss you all,and I hope we can keep 　　　　　touch all the time.

答案in

**6**.No one knows for sure,because making 　　　　　　　(predict) is very difficult.

答案predictions

**7**.He passed on the money to her and she took it without 　　　　　　　 (resist).

答案resistance

**8**.They would go fishing rather 　　　　　stay at home on the weekend.

答案than

三、完成句子

**1**.他忙于做作业,不能出去踢足球。

　　　　 　　　　　　　　　　　　　　　　　,he can’t go out to play football.

答案Occupied with his homework

**2**.尽管他很忙,但他从未缺过课。

Although he is very busy,　　　　　　 　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　　.

答案he has never been absent from class

**3**.我通过读报纸使自己知晓当前的形势。

I try to 　　　　　　　　　　　　　　　　　　　　　　　current events by reading newspapers.

答案keep in touch with

**4**.事实上,大多数人经不住彩票的诱惑也会买一些。

As a matter of fact,most people 　　　　　　　　　　　　　　　　 some lottery tickets whenever they see them.

答案can’t resist buying

**5**.她明确表示反对该计划。

She 　　　　　　　　　　　　　　　that she was against the plan.

答案made it clear

四、完形填空

Astle is studying at Laguna Hills High School in Southern California.Recently,Astle established a project to spread 　1　 energy,papering her high school bathrooms 　2　 some colourful signs with affirmations(肯定).“It just 　3　 everyone that they are important and special in their own way,”she said.Astle also started a “Kindness Club” at her school 　4　 she wanted to let more positive energy 　5　 campus in some way.

When the school held a week-long event to bring students together,Astle found the perfect 　6　 to hang the signs.“It is meant to 　7　 our students’ days and make them get aware that they are enough,”said Chelsea Maxwell,the school’s activity director.“They face so much 　8　;the main one is academic pressure.If students don’t know how to 　9　 their pressure,it may influence their mental health later.”

“I 　10　 the girl bathroom at a local high school over the weekend and was so 　11　 and happy at what I saw,”wrote a student’s mother.She said,“I was shocked.The messages were 　12　 moving for me at that moment as I wanted to cry that day.”

“Students have reacted 　13　 to the signs”,said Astle.“The 　14　 of students is becoming more.One student said,‘I 　15　 the school more and more because of things like this;they make me feel happy.’” she said.

**1**.A.positive　　　　　　　　B.kind

C.happy D.negative

答案A

解析根据下文“...papering her high school bathrooms 　　　some colourful signs with affirmations.”以及she wanted to let more positive energy可知,Astle在Laguna Hills High School创建一个传播正能量的项目。positive“积极的,正面的”;kind“友好的”;happy“快乐的”;negative“消极的”。故选A项。

**2**.A.for B.with

C.of D.from

答案B

解析此处表示Astle在她高中的洗手间内张贴彩色的带有肯定话语的标语。故选B项。

**3**.A.reminds B.warns

C.recalls D.proves

答案A

解析此处表示Astle张贴的内容都是肯定的、鼓励性的,提醒每个人都是重要的并且独一无二的。remind“提醒”;warn“警告”;recall“记起”;prove“证明”。故选A项。

**4**.A.though B.because

C.when D.whether

答案B

解析根据该空上下文可知,because符合语境。此处表示Astle创建Kindness Club是因为她想以某种方式传播正能量。故选B项。

**5**.A.depend on B.base on

C.impact on D.go away

答案C

解析此处表示Astle想以某种方式让更多的正能量影响大学。depend on“依赖”;base on“以……为基础”;impact on“有影响,有作用”;go away“离开”。故选C项。

**6**.A.place B.reason

C.choice D.opportunity

答案D

解析此处表示学校举办活动为Astle悬挂这些标语提供了完美的机会。place“地方”;reason“原因”;choice“选择”;opportunity“机会”。故选D项。

**7**.A.shorten B.brighten

C.enrich D.begin

答案B

解析根据上文的叙述再结合下文make them get aware that they are enough可知,悬挂的标语给学生们的日子增添了乐趣。shorten“缩短”;brighten“(使)快活起来,(使)增添乐趣”;enrich“充实”;begin“开始”。故选B项。

**8**.A.expectation B.unfairness

C.stress D.difficulty

答案C

解析根据下文“...the main one is academic pressure.”可知,学生面对许多压力,主要的一个是学业压力。expectation“期待”;unfairness“不公平”;stress“压力”;difficulty“困难”。故选C项。

**9**.A.increase B.limit

C.hide D.release

答案D

解析根据下文“...it may influence their mental health days later.”可知,如果学生不知道如何释放压力,以后可能会影响他们的精神健康。increase“增加”;limit“限制”;hide“隐藏”;release“释放”。故选D项。

**10**.A.decorated B.looked for

C.disliked D.walked into

答案D

解析根据下文的叙述可知,一名学生的妈妈走进了当地一所高中的洗手间。故选D项。

**11**.A.amazed B.worried

C.excited D.embarrassed

答案A

解析根据下文“I was shocked.”可知,这位母亲对自己所看见的标语表示很震惊也很高兴。amazed“大为惊奇”;worried“担心的”;excited“兴奋的”;embarrassed“尴尬的”。故选A项。

**12**.A.especially B.obviously

C.generally D.actually

答案A

解析根据下文“...I wanted to cry that day.”可知,那时,那名学生的妈妈想哭。故这些标语在那一时刻特别令这位母亲感动。especially“特别地”;obviously“显然”;generally“普遍地”;actually“实际上”。故选A项。

**13**.A.suddenly B.actively

C.slowly D.negatively

答案B

解析根据下文的叙述可知,学生们对这些标语的反应是积极的。故选B项。

**14**.A.demand B.practice

C.number D.laughter

答案D

解析根据下文they make me feel happy可知,学生们在看到这些标语后感到高兴,他们笑得更多了。故选D项。

**15**.A.escape B.hate

C.love D.enter

答案C

解析句意:一名学生说,“因为这样的事情我更加热爱我的学校了,因为它们让我感到高兴”。故选C项。

五、七选五阅读理解

As an artist who shares her journey on social media,I’m often asked by curious followers how to begin an art journey.Unfortunately,there is no magic list I can offer.I do remember,though,what it was like to be a complete beginner.So I’ve put together some good tips for starting an art journey.

•Start small.I suggest using a sketchbook(素描本) for small studies.These small studies provide inspiration and may be a springboard for more complex works in the future.　1　 You’ll want to look back on your journey to see how far you’ve come.

•Paint often and paint from life.There’s no better way to improve than to put in those brush miles.Whether you paint still life,portraits,or landscapes,paint from life as much as possible.　2

•Continually challenge yourself to try something new.　3　 Artistic growth can be a bit painful.Welcome to the club;we’ve all been there.I love taking on challenges.I once took up a challenge to create a painting every day for a month and post the works online.

•　4　 Seeking and accepting constructive feedback(反馈) is crucial to growth.I post my work on social media and,in turn,have met some of the kindest people.They make me feel valued and respected,no matter my level of artistic ability.

The journey you’re on won’t follow a straight path.　5　 Push through,give it time and put in the effort.You will harvest the rewards of an artistic life.

A.Get out of your comfort zone.

B.Make career plans and set goals.

C.Don’t throw away your beginner art.

D.Share your work if you feel comfortable doing so.

E.You’ll hit roadblocks,and you’ll feel discouraged at times.

F.Evaluate your performance and,if needed,redefine your role.

G.You’ll develop that painting muscle memory that only comes with repetition.

答案1~5 CGADE