**Section** Ⅲ　**Using** **Language**,**Assessing** **Your** **Progress** **&** **Video** **Time**

课后·训练提升

一、单词拼写

**1**.As we all know,Confucius is an ancient Chinese e　　　　　.

答案educator

**2**.Resembling each other,the twin sisters are difficult to d　　　　　　.

答案distinguish

**3**.Dad had tightened the belt too much!I just a　　　　　　 it slightly!

答案adjusted

**4**.I felt e　　　　　　 when I came late to the meeting and found no place to sit in.

答案embarrassed

**5**.The method can be used to calm ourselves and l　　　　　 our stress levels.

答案lower

**6**.There is no greater pleasure than lying on my back on the lawn after the match,s　　　　　　 at the sky.

答案staring

**7**.Hearing how others r　　　　　　 to the book you have just read creates an added pleasure.

答案react

**8**.While watching TV,children do not m　　　　　 absorb words and images.Instead,they learn both explicit and hidden meanings from what they see.

答案merely

二、单句语法填空

**1**.These trees have a 　　　　　　　(tend) to grow in the dry mountains.

答案tendency

**2**.They waited with 　　　　　　(anxious) for the news of her safe arrival.

答案anxiety

**3**.He felt so 　　　　　　　(embarrass) about the mistake he had made.

答案embarrassed

**4**.She was deeply ashamed 　　　　　　her behaviour at the dancing party.

答案of

**5**.　　　　　　　　 bothers us that they haven’t been telling us the truth.

答案It

**6**.We think that we will be adjusted 　　　　　　the new environment as soon as possible.

答案to

**7**.He is able to distinguish one variety of tea 　　　　　　another one.

答案from

**8**.You never know how she is going to react 　　　　　　the news.

答案to

**9**.It looked as if he 　　　　　　　　　　(come) back from outer space.

答案had come

**10**.I had forgotten all about it because I had been so occupied 　　　　　　other things.

答案with

三、完成句子

**1**.你适应学校生活了吗?

Have you 　　　　　　　　　　　　　　　　　　the school life?

答案adjusted yourself to

**2**.我想去拜访我的老师,顺便问他一些问题。

I want to 　　　　　　　　　　　　　　　　　　　　　　　　　　and ask him some questions.

答案call on my teacher

**3**.把你一个人留在家里你介意吗?

Do you mind 　　　　　　　　　　　　alone at home?

答案being left

**4**.他们停下,惊讶地盯着他。

They stopped and 　　　　　　　　　　　　　　　　　　　　in amazement.

答案stared at him

**5**.他焦虑地等着弟弟归来。

He was waiting for his brother’s return 　　　　　　　　　　　　.

答案with anxiety

四、七选五阅读理解

Every day,in hundreds of ordinary situations,actions speak far louder than words.We talk with our mouths,but we communicate with our facial expressions,our tone of voice and our whole body.

　1　 When we can read what others are saying unconsciously(无意识地),we can deal with things at work and at home before they become problems.

By understanding how to use body language,you can communicate more effectively.Here is how:

▲　2　 Throughout the day,notice details about the way you speak,gesture and move.When standing,keep your shoulders straight,your body open and your weight balanced on both feet.

▲ Work on your handshake.　3　 The handshake most likely to show confidence is firm and dry,with strength but not too much pressure.

▲ Use eye contact.Eye contact is very important in forming an impression of someone.You should have the ability to keep direct eye contact if you want to be taken seriously.But some people feel uncomfortable when it is too strong.　4

▲ Be yourself.Nonverbal(非语言的)messages come from deep inside you,from your own sense of self-respect.If you are comfortable with yourself,it shows.　5　 They always give others a deep impression.

A.Use hand gestures carefully.

B.Pay attention to your body talk.

C.A mirror can be useful to examine facial expressions.

D.People who know who they are have a relaxed way of talking and moving.

E.In the business world,the handshake shows important messages about power.

F.Understanding body language is one of the most useful skills you can develop.

G.To avoid this problem,change your focus so that you look at somewhere between the eyes and the chin.

答案1~5 FBEGD

五、完形填空

Body language is the quiet,secret and most powerful language of all!According to specialists,our bodies send out more 　1　 than we realise.In fact,nonverbal communication takes up about 50% of what we really 　2　.And body language is particularly 　3　 when we attempt to communicate across cultures.Indeed,what is called body language is so much a part of us that it’s actually often 　4　.And misunderstandings occur as a result of it.　5　,different societies treat the 　6　 between people differently.Northern Europeans usually do not like having bodily contact even with friends,and certainly not with 　7　.People from Latin American countries,on the other hand,touch each other quite a lot.Therefore,it’s possible that in 　8　,it may look like a Latino is 　9　 a Norwegian all over the room.The Latino,trying to express friendship,will keep moving 　10　.The Norwegian,very probably seeing this as pushiness,will keep backing away—which the Latino will in return regard as 　11　.

Clearly,a great deal is going on when people 　12　.And when people from different cultures get together,there’s a strong possibility of 　13　.But in any case,the best 　14　 is to obey the Golden Rule:treat others as you would like to be 　15　.

**1**.A.sounds　　　　　　　　B.invitations

C.feelings D.messages

答案D

解析根据专家的说法,“我们”的身体发出的信息比“我们”意识到的要多。故选D项。

**2**.A.hope B.mean

C.receive D.discover

答案B

解析事实上,非语言交流约占“我们”真正想表达的意思的50%。故选B项。

**3**.A.immediate B.misleading

C.important D.difficult

答案C

解析根据下文论述可知,当涉及跨文化交流时,肢体语言尤为重要。故选C项。

**4**.A.accepted B.refused

C.unnoticed D.translated

答案C

解析事实上,所谓的肢体语言在很大程度上是“我们”的一部分,以至于它经常被忽视。故选C项。

**5**.A.For example B.Thus

C.However D.In short

答案A

解析根据下文可知,此处是举例说明。故选A项。

**6**.A.trade B.distance

C.connections D.greetings

答案B

解析下文北欧人和拉丁美洲人的例子都与距离有关。故选B项。

**7**.A.strangers B.relatives

C.neighbours D.enemies

答案A

解析北欧人通常不喜欢和朋友有肢体上的接触,更不用说陌生人了。故选A项。

**8**.A.trouble B.conversation

C.silence D.experiment

答案B

解析in conversation是固定词组,意为“在交谈中;在会话中”。故选B项。

**9**.A.disturbing B.helping

C.guiding D.following

答案D

解析在交谈中,北欧人不喜欢肢体接触,拉丁美洲人喜欢肢体接触,所以“我们”看到的很可能是一个拉丁美洲人跟随一个挪威人移动。故选D项。

**10**.A.closer B.faster

C.farther D.earlier

答案A

解析拉丁美洲人喜欢肢体接触,为了表示友好,会离挪威人越来越近。故选A项。

**11**.A.weakness B.carelessness

C.friendliness D.coldness

答案D

解析挪威人的后退反过来会让拉丁美洲人觉得是冷漠。故选D项。

**12**.A.talk B.travel

C.laugh D.think

答案A

解析talk与上文的conversation相呼应,且文章主要讲述交谈中的肢体语言。故选A项。

**13**.A.curiosity B.excitement

C.misunderstanding D.nervousness

答案C

解析而且当来自不同文化的人聚会时,很有可能会出现误解。故选C项。

**14**.A.chance B.time

C.result D.advice

答案D

解析此处是针对避免误解而提出建议。故选D项。

**15**.A.noticed B.treated

C.respected D.pleased

答案B

解析B项与前面的treat others相呼应,一个是主动形式,一个是被动形式(to be treated)。你希望怎样被对待,那你就怎样对待别人。