**Section** Ⅱ　**Learning** **About** **Language**

课后·训练提升

一、单句语法填空

**1**.I am looking forward to 　　　　　　　(return) to school soon,for I have stayed at home for a month because of illness.

答案returning

**2**.After the earthquake,many buildings in the area need 　　　　　　　　　　　(rebuild).

答案rebuilding/to be rebuilt

**3**.I regret 　　　　　　　　　　　　(tell) you that I have forgotten to bring the book you want.

答案to tell

**4**.I didn’t mean 　　　　　　　　　　　(eat) anything,but those apples looked so good that I couldn’t help eating one.

答案to eat

**5**.I used to practise 　　　　　　　(speak) English every morning at university.

答案speaking

**6**.Their job is 　　　　　　　(make) wheelchairs for disabled people.

答案making

**7**.The most important contribution of technology is 　　　　　(make) life much easier.

答案making

二、完成句子

**1**.他试图逃避回答我的问题。

He tried 　　　　　　 　　　　　　 　　　　　　　my questions.

答案to avoid answering

**2**.我忍受不了在公众场合被人看不起的感觉。

I can’t stand　　　　　  　　　　　 　　　　　　　　　　　　in public.

答案being looked down upon

**3**.我一直盼望着收到你的来信。

I have been looking forward to 　　　　　　　　　　　　　　　　　.

答案hearing from you

**4**.不要忘了给你母亲写信。

Don’t forget 　　　　　　　　　　　 　　　　　　　　　　　　　　　　.

答案to write to your mother

**5**.真遗憾我错过了他的讲座。

I really regret 　　　　　　　　　　　　　　　　　　　　　　　.

答案having missed his lecture

三、阅读理解

Smiling really can make people feel happier,according to a new study.American psychologists(心理学家) looked at nearly 50 years of data testing whether facial expressions can lead people to feel the emotions related to those expressions.They found smiling made people feel happier;frowning made them feel angrier or sadder.

However,the effects are not so strong,and the researchers warn this should hardly be held up as a way to offset weak mental health conditions like depression.Lead researcher Nicholas Coles said:“Ordinary wisdom tells us that we can feel a little happier if we simply smile.Or that we can get ourselves in a more serious mood if we frown.But psychologists have actually disagreed about this idea for over 100 years.”

The research team says the disagreements became more pronounced in 2016,when 17 teams of researchers failed to copy a well-known experiment showing that the physical act of smiling can make people feel happier.Coles said:“Some studies have not found evidence that facial expressions can influence emotional feelings.But we can’t focus on the results of any one study.Psychologists have been testing this idea since the early 1970s,so we wanted to look at all the evidence.”

Using a data technique called meta-analysis(meta分析法),the team collected data from 138 studies testing more than 11,000 people from all around the world.The results of the meta-analysis suggest that facial expressions have a small influence on feelings.

Coles added:“We don’t think that people can smile their way to happiness.But these findings are exciting because they provide evidence about how the mind and the body affect each other to shape our experience of emotion.We still have a lot to learn about these effects,but this meta-analysis put us a little closer to understanding how emotions work.”

**1**.What did the latest study find?

A.Facial expressions could show how happy people are.

B.Acting happy and feeling happy have a weak connection.

C.Researchers share the same idea in the influence of smiling.

D.Smiling is the best way to fight with weak mental health conditions.

答案B

解析细节理解题。根据第一段中的“They found smiling made people feel happier;frowning made them feel angrier or sadder.”和第二段中的“However,the effects are not so strong”可知,面部表情和心理情绪之间有微弱的联系。故选B项。

**2**.What does the underlined word “offset” mean in paragraph 2?

A.Recognise.　　　　　　B.Test.

C.Suffer from. D.Make up for.

答案D

解析词义猜测题。根据上一题可知,面部表情和心理情绪之间的关系很微弱,因此在面对一些心理疾病如抑郁症的时候,并不能通过笑容去抵消心理情绪方面的变化。recognise“识别”;test“测试”;suffer from“遭受”;make up for“抵消,弥补”。故选D项。

**3**.What might be the best title for the text?

A.Smiling Really Can Make People Feel Happier

B.Meta-analysis Provides Strong Evidence for Scientists

C.Negative Feelings Will Get You in a Worse Mood

D.Secrets of Emotions Have Been Finally Unlocked

答案A

解析标题归纳题。分析文章可知,本文采用了总分结构,文章第一段先说微笑让人更幸福,在后文中接着论述了微笑和情绪之间的关系。由此可知,Smiling Really Can Make People Feel Happier是本文最佳标题。故选A项。

四、七选五阅读理解

Successful public speaking centres on the physical message of presentation.Some call this “body language”.　1

We have all seen nervous presenters in classrooms and meetings.One effect of being nervous is moving from side to side.　2　 In fact,an audience can lose interest in a speaker who does not move.How a speaker moves is important.Whole-body movement should be slow and planned to control attention.Such movement helps to communicate confidence.

　3　 They’ll be looking at their notes,the screen or the floor.The problem of having notes and trying to talk from notes is often a big problem.So they have trouble with eye contact.The best way to avoid this problem is to use images and few words for notes instead of sentences.The image should help communicate the point you want to make.Writing a few words with the image on your slide helps you remember that point.　4

A good way to change your body language is to make a video of your presentation and watch yourself.　5　 An important part of public speaking is practice.When you practice,remember these important tips:Be aware of your posture,eye contact and gestures.Record yourself using a phone,tablet or camera.Watch yourself and plan what you will do to improve.

A.Your eyes will speak your mind secretly.

B.It includes posture,eye contact and gestures.

C.A presenter does not need to stand perfectly still.

D.Then you can look at the audience while speaking.

E.A speaker needs to focus on his speech all the time.

F.This helps you to become aware of what you need to change.

G.Some speakers find it difficult to make eye contact with the audience.

答案1~5 BCGDF

五、语篇填空

Body language is **1**.　　　　　　(wide) used in our daily life.When we talk with each other,we may use body language.**2**.　　　　　　 example,in the USA,people point to their heads when they think someone is clever.**3**. human beings are not the only ones who use body language.Animals also use body language **4**.(tell)each other how they feel and what they think.

When a dog is happy,its ears will stand up and its eyes will be wide open.When it is angry,it will look straight at you.If an elephant **5**.　　　　　　(spread)its ears,it means “Watch out!” To show friendship,elephants will touch each other with **6**.　　　　　　(they)trunks.Dolphins live in groups and like to show each other their **7**.(feeling).An angry dolphin will sometimes slap(拍打) its tail on the water.**8**.　　　　   happy dolphin will play with its friends,**9**.　　　　　　(make)small jumps into the water.Not only humans but also animals can use body language to communicate,but the things they “say” to each other are **10**.　　　　　　(difference).

答案1.widely　2.For　3.But　4.to tell　5.spreads

6.their　7.feelings　8.A　9.making　10.different