**UNIT 3　FOOD AND CULTURE**

**Section Ⅰ　Reading and Thinking**

课后·训练提升

一、单句语法填空

**1**.The furniture managed to combine practicality with 　　　　　　　(elegant).

答案:elegance

**2**.All the drawers were 　　　　　　　　(stuff) full of letters and papers.

答案:stuffed

**3**.He’s an 　　　　　　　　(exceptional) talented dancer and needs to practise several hours every day.

答案:exceptionally

**4**.We have 　　　　　　　(onion) and mutton.We have noodles on Thursday.

答案:onions

**5**.The electricity industry 　　　　　　　(consume) large amounts of fossil fuels.

答案:consumes

**6**.We haven’t had a chance 　　　　　　(try) this recipe out yet.

答案:to try

二、选词填空

prior to;tend to;consist in;go hand in hand;refer to;cut off

**1**.The beauty of the town 　　　　　　　its ancient buildings.

答案:consists in

**2**.You should have done this 　　　　　　　　　　　beginning your script.

答案:prior to

**3**.Recently,Shanghai began pushing construction to 　　　　　　　　　　　　　with gardening.

答案:go hand in hand

**4**.He had his finger 　　　　　　　in an accident at work.

答案:cut off

**5**.Study the example and 　　　　　　　the explanation below.

答案:refer to

**6**.We all 　　　　　　　like those who are similar to us.

答案:tend to

三、完成句子

**1**.这种天气即使在一月份也算得上非常寒冷。

The weather,even for January,was 　　　　　　　　　　　　　　.

答案:exceptionally cold

**2**.这家旅馆的餐厅以美味佳肴闻名遐迩。

The hotel’s restaurant is noted for its 　　　　　　　　　　　　.

答案:excellent cuisine

**3**.这座城市的美就在于它那些宏伟的建筑。

The beauty of the city 　　　　　　 　　　　　its magnificent buildings.

答案:consists in

**4**.又湿又冷,他非常想温暖一下自己。

　　　　　　　　　　　　　,he wanted to warm himself very much.

答案:Wet and cold

**5**.你来这里之前是做什么的?

What did you do 　　　　　　　　　　　　　　　　　　　　　?

答案:prior to coming here

**6**.修理你的汽车最少需要100美元。

Repairing your car will cost 　　　　　　　　　　　　　　　100 dollars.

答案:a minimum of

四、阅读理解

Born a proud Irish girl,for university I decided to expand my horizons and move to England.It was only then that I realised how many things from home I took for granted.From how much I love my cat,my family and my friends—with my cat on top of the list—to how much I love an Ulster fry armed with soda and potato bread.

Being now in my third year at university,I was adjusting to boring old English breakfasts.Meanwhile,I got used to living away,surrounded by new friends and nice food.Then I moved to Germany for my year abroad,saying goodbye to practically everything I knew about food.

I’ve visited the two largest supermarkets in Germany—Edeka and Aldi.Although they offer a wide variety of groceries,I have no idea what to do with them,which is not unique to Germany.As I wandered through the lanes,I found what I’d been looking for when I came across some eggs,one of my favourite foods as they are the only things I can cook.However,my happiness was cut short when I was faced with the task of choosing what type of eggs.Not only were there all sorts of different colours—blue,red,green,you name it—there were also multi-coloured eggs.I have never been so confused,especially about eggs.I immediately felt defeated,chose some white eggs and took myself home to cook the one dish I know—eggs on toast.

To be fair,I have only been living here for two weeks,so I don’t have much experience in the German kitchen yet (but to be honest I don’t have much experience in any kitchen).Apart from the food,I’m loving Germany.It is surprisingly easy to adapt to the new culture and I find it fascinating.If only the food were as easy for me to fall in love with!

**1**.What does the author miss the most from home?

A.Her cat. B.Her family.

C.Her friends. D.An Ulster fry.

答案:A

解析:细节理解题。根据第一段中的“From how much I love my cat,my family and my friends—with my cat on top of the list—to how much I love an Ulster fry armed with soda and potato bread.”可知,作者最想念自家的猫。故选A项。

**2**.What does the author mean by “...saying goodbye to practically everything I knew about food”?

A.She said goodbye to everything she learnt.

B.She didn’t want to move to the German university.

C.She said goodbye to the food in England.

D.She found German food different and unfamiliar.

答案:D

解析:推理判断题。题干中的信息引自第二段中最后一句,第二段开头提到作者已经习惯了英国乏味的旧式早餐;再结合第三段内容和第四段第二句可知,作者喜欢德国,但并不喜欢那里的食物;由此可推知,作者觉得德国的食物是不同的和不熟悉的。故选D项。

**3**.What can we learn about the author?

A.She was an experienced cook back in England.

B.She loves everything about Germany but its food.

C.Her happiness deepened as she found colourful eggs.

D.Her experience in the German kitchen was memorable.

答案:B

解析:细节理解题。根据最后一段中的“Apart from the food,I’m loving Germany.”可知,作者喜欢德国,但不喜欢那里的食物。故选B项。

**4**.What can be a suitable title for the text?

A.What I Love About Germany

B.Different Cultures,Similar Conditions

C.Colourful Cultures,Different Food

D.How I Learned to Cook with Eggs

答案:C

解析:标题归纳题。该题要求为文章选一个合适的标题。A项意为“关于德国,我喜欢的事情”;B项意为“不同的文化,相似的状况”;C项意为“多彩的文化,不同的食物”;D项意为“我是如何学会用鸡蛋烹饪的”。通读全文可知,本文主要讲述了作者在英国和德国生活时接触到了不同的食物,也体验到了不同的文化。故选C项。

五、完形填空

Food has always been one of the greatest wants of humankind.The search for food is the 　1　 human behaviour.Thus,　2　 food were easier to get and prepare,it would be really helpful for humankind.It would reduce a great burden(负担).The development of processed foods has made food easier to get and prepare.　3　 every coin has two sides.Apart from its advantages,the 　4　 of cooking also has its disadvantages.

Though processed foods seem like a great way to save 　5　,they offer much less nutritional value than traditional foods.People today are so busy that they are not able to spend enough time preparing their food.As a result,many people 　6　 to eat processed foods,ready-to-cook meals and various fast foods.But what will 　7　 if one eats such food all year round?It will damage your health.The nutritional value of the food is not so high.Worse still,research shows that preservatives(防腐剂) used in these foods are 　8　 to children.That’s why health experts warn people not to eat too much of such 　9　 food.

Besides,since people spend little time preparing food,the culture of cooking is slowly 　10　.Cooking is not done just to satisfy hunger.It is also a(n) 　11　 form of art.Across the world,there are thousands of 　12　 cooking styles.If young people are used to processed foods,few of them will develop great cooking 　13　.And when they become parents,it will be hard for their children to enjoy a(n) 　14　 home-cooked meal.What’s more,cooking is a great time for families to connect.There is a lot of 　15　 when family members are preparing food together.

In a word,I believe though processed foods have made the preparation of food much easier,it has not been a good step for humankind.

**1**.A.special　　 B.basic

C.right D.valuable

答案:B

解析:根据上一句中的“Food has always been one of the greatest wants of humankind.”可知,食物是人类的基本需求。故选B项。

**2**.A.though B.before

C.if D.unless

答案:C

解析:因此,如果食物很容易得到,那它的确对人类有帮助。故选C项。

**3**.A.So B.And

C.But D.Or

答案:C

解析:上文中的“It would reduce a great burden.”与下文中的“...cooking also has its disadvantages.”是转折关系。故选C项。

**4**.A.easiness B.safety

C.method D.difficulty

答案:A

解析:根据上文中的“The development of processed foods has made food easier to get and prepare.”可知,烹饪的便捷也有缺点。easiness“便捷”;safety“安全”;method“方法”;difficulty“困难”。故选A项。

**5**.A.energy B.food

C.money D.time

答案:D

解析:由常识可知,食用加工食品省时间。故选D项。

**6**.A.choose B.dislike

C.refuse D.stop

答案:A

解析:根据上文中的“People today are so busy that they are not able to spend enough time preparing their food.”可知,现在的人忙得没时间做饭,所以他们选择加工食品。故选A项。

**7**.A.change B.happen

C.get D.offer

答案:B

解析:根据下文中的“It will damage your health...”可知,此处表示“但是如果一个人常年吃加工食品会发生什么呢?”故选B项。

**8**.A.harmful B.useless

C.meaningful D.necessary

答案:A

解析:根据上下文语境可知,食品中的防腐剂对儿童是有害的。harmful“有害的”;useless“无用的”;meaningful“有意义的”;necessary“必需的”。故选A项。

**9**.A.cold B.sweet

C.unhealthy D.hot

答案:C

解析:根据文中的“That’s why health experts warn people not to eat...”可知,防腐剂对儿童是有害的,所以专家警告人们不要过多摄入这些不健康的食品。故选C项。

**10**.A.varying B.dying

C.appearing D.developing

答案:B

解析:根据文中的the culture of cooking可知,人们花很少的时间准备食物,所以饮食文化会慢慢消失。故选B项。

**11**.A.important B.famous

C.simple D.new

答案:A

解析:根据上文中的“Cooking is not done just to satisfy hunger...”可知,饮食是一种重要的艺术形式。故选A项。

**12**.A.regular B.ordinary

C.different D.similar

答案:C

解析:根据文中的“Across the world,there are thousands of...”可知,全世界有很多不同的烹饪方式。故选C项。

**13**.A.knowledge B.lessons

C.interests D.skills

答案:D

解析:根据文中的“If young people are used to processed foods...”可知,如果年轻人都习惯吃加工食品,那么他们中能掌握高超烹饪技巧的人会更少。故选D项。

**14**.A.delicious B.clean

C.expensive D.cheap

答案:A

解析:当他们为人父母的时候就很难给孩子做一顿可口的饭菜。故选A项。

**15**.A.success B.work

C.progress D.fun

答案:D

解析:根据“...when family members are preparing food together.”可知,烹饪是一个很好的家庭交流的机会,而且很有趣。故选D项。

六、微写作

结合课文主题,使用本单元所学内容写一篇80词左右的短文。

**1**.中国人的饮食主要由蔬菜、米饭、各种面食以及肉类组成,包括猪肉、牛肉和羊肉。(consist of;elegant;pork;lamb)

**2**.中国的主要菜系大致分为八类,每一类都有其独特的材料和配方。(cuisine;category;ingredient;recipe)

**3**.北方人主要吃面粉制成的食物,南方人主要吃大米。(consume)

**4**.不管他们的家乡在哪里,大多数中国人都喜欢家乡的食物。(regardless of)

**5**.例如,山东省的人们喜欢水饺和葱花煎饼。(stuff;slice;onion)

参考范文

Chinese diet mainly consists of vegetables,rice,various kinds of elegant food made from flour,as well as meat,including pork,beef and lamb.Chinese main cuisine is roughly divided into eight categories,each having its unique ingredients and recipes.Northerners mainly live on food made from flour while southerners mainly consume rice.Regardless of where their hometowns are,most Chinese like the main food in their hometowns.For example,people of Shandong Province enjoy boiled dumplings and pancake rolls stuffed with sliced Chinese green onions.